



KS3 Food and Nutrition – Curriculum at a Glance

	AUTUMN TERM	SPRING TERM	SUMMER TERM
Food and Nutrition	<u>Healthy Eating</u> Explore the Eatwell guide and how to keep ourselves healthy.	<u>Heat transfer</u> Understand how and why food is cooked.	<u>Science of Flavour</u> To research the different ways in which we experience food.
Year 7			
Year 8	<u>World cuisine</u> To experience different cuisines from around the world, starting with British cuisine, venturing over to The Caribbean and Asia.	<u>Contamination and micro-organisms</u> Researching the effects of bacterial contamination and how we use micro-organisms in food production.	<u>Sustainability</u> To understand global food productions and food security.