



Allergens

Daily menu items

Toast (Butter and Jam)

Gluten, Dairy

Porridge

Gluten, Dairy

Overnight oats

Gluten, Dairy

Hot Chocolate

Dairy

Bacon Roll

Gluten

Sausage Roll

Gluten, Egg

Pain Au Chocolate

Gluten, Dairy, Egg

Croissant

Gluten, Dairy, Egg

Chocolate Twist

Gluten, Dairy, Egg, Soybeans

Pasta Pots

Gluten, Eggs, Dairy

Cinnamon Swirl

Gluten, Dairy, Egg

Cinnamon Pretzel

Dairy, Gluten

Mozzarella Sticks

Dairy, Gluten, Eggs, Mustard,

Soybeans

Chicken Nuggets

Gluten

Popcorn Chicken

Dairy, Gluten

Chicken On a Stick

Gluten, Soybeans

Panini

Gluten, Dairy

Panini (Southern Chicken)

Gluten, Dairy and Celery

Pizza

Gluten and Dairy

Potato Wedges (Cheese)

Dairy

Potato Wedges (BBQ Chicken)

Dairy and Gluten

Bacon and Cheese Flatbread

Gluten and Dairy

Breakfast Bagel (Ham and Cheese)

Gluten and Dairy

Breakfast Egg Muffin

Gluten, Dairy and Egg

Blueberry Muffin

Gluten, Egg

Raspberry and White Chocolate Muffin

Gluten, Egg, Dairy and Soybeans

Double Chocolate Muffin

Gluten, Egg, Dairy and Soybeans

Mexican Chicken Sub

Gluten, Dairy

**14 major allergens - for more information contact the Canteen*